

Pope Paul Catholic Primary School

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# Potters Bar

###### Hertfordshire

###### EN6 2ES

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Headteacher:

Mrs Liz Heymoz

**2023 – 2024 Academic Year**

**Summer Term 2024**

Dear Parents,

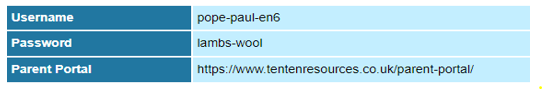
**Summer Term 2024 Relationship and Health Education RHE/PSHE and Wellbeing**

In school we use the Relationship Education programme provided by TenTen, known as ‘Life to the Full Plus’ to teach Relationship and Health Education/PSHE and Wellbeing. This programme is designed specifically for Catholic schools. It aims to teach this curriculum within the context of a Christian understanding rooted in the wisdom and teaching of the Catholic Church.

As parents, you are the first educators of your child and we want you to be aware of the teaching programme schedule, so you can anticipate and answer your children’s queries and questions in their supportive home environment.

On the other side of this letter, you will see what modules of learning your child(ren) will be covering in his/her respective year group for this Summer Term (2024).

If you wish to explore the lesson resources more fully, please see below the link to Ten Ten’s Parent Portal, including suggested home activities to support learning:



When you login, please click on **Years 5 and 6** where you will get guidance on the content of the lessons in the programme.

If you have any questions regarding the content, please do not hesitate to contact your child’s class teacher or myself.

Many thanks for your continued support in your child’s education.

Mrs McNamara

Deputy Headteacher

(RHE/PHSE Subject Lead)

**Summer Term 2024**

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**Module 2: Created to Love Others**

**Unit 3 Life Online**

Session 1: Sharing Isn’t Always Caring

Session 2: Cyberbullying

**Unit 4 Keeping Safe**

Session 1: Types of Abuse

Session 2: Impacted Lifestyles

Session 3: Making Good Choices

Session 4: Giving Assistance

**Module 3 Created to Live in Community**

**Unit 1 Religious Understanding**

Session 1: The Holy Trinity

Session 2: Catholic Social Teaching

**Unit 2 Living in the Wider World**

Session 1: Reaching Out

Session 2: The World of Work

Session 3: Money and Me

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| **Module 1: Created and Loved by God** **Unit 3: Emotional Wellbeing** Session 4: Seeing Stuff Online |  |

**Unit 4: Life Cycles**

Session 1: Making Babies