

# YEAR 6 PGL TRIP

Monday 17<sup>th</sup> – Friday 21<sup>st</sup> May 2021





# PGL Suffolk

Bawdsey Manor is set in 140 acres of grounds with stunning panoramic views and beautiful beaches a stone's throw away.







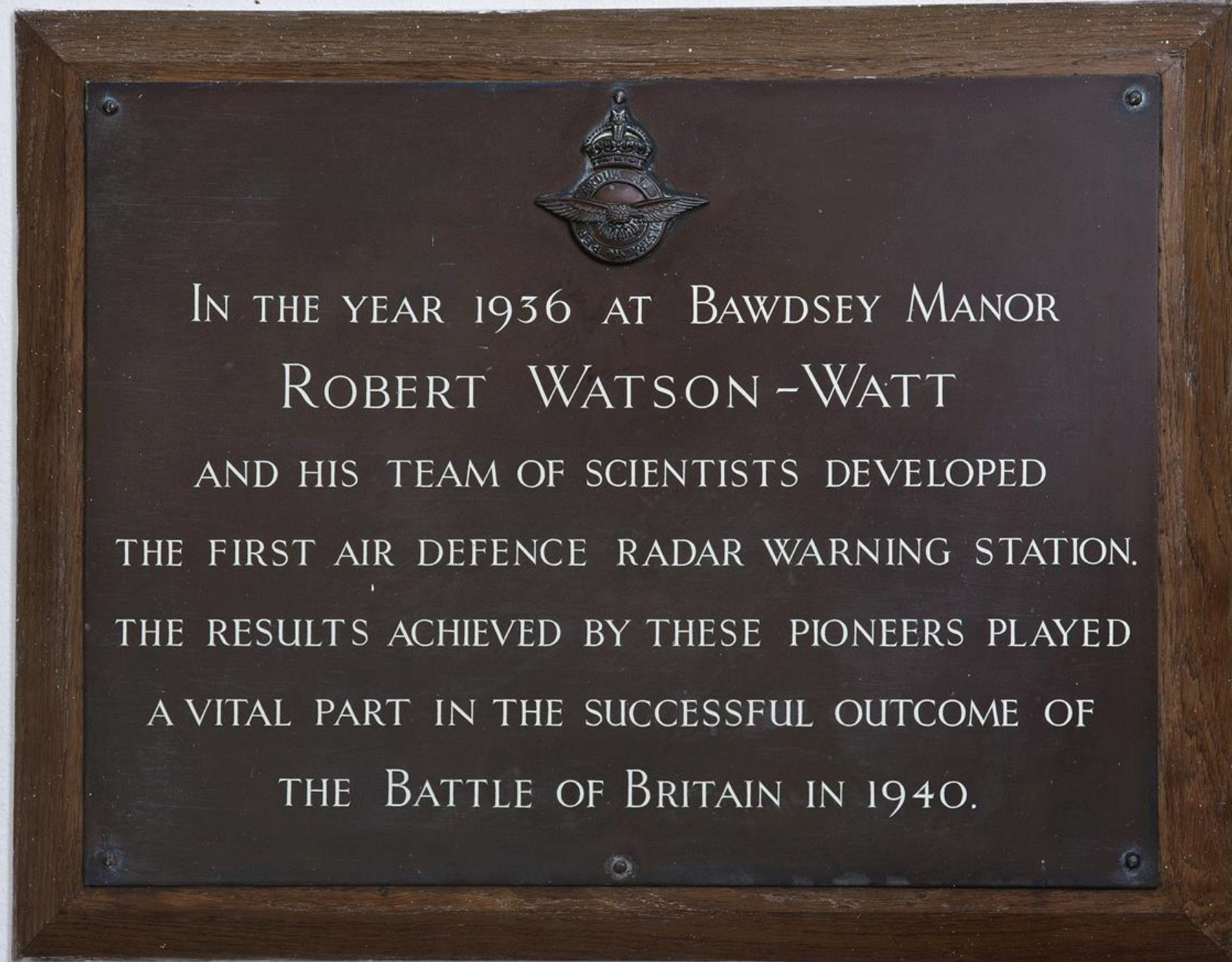






# History

- Built in 1886
- Bawdsey was the Air Ministry's secret radar research establishment in the lead-up to WWII.
- RAF base until 1991



# Security

- Completely enclosed site with fences and gates marking the boundaries
- Electronic gates at main entrance
- 24-hour security patrol of the site
- All PGL staff are issued with identification badges.
- All visitors must be issued with a badge or identification sticker and signed in and out in the visitors' log
- PGL staff wear company uniform while on duty. This allows them to be instantly recognised in their role
- Clear missing person protocols.

# COVID-19 Compliance — lateral flow test on Sunday evening

## Social distancing measures

- Signage
- One-way systems
- Screens at reception
- Floor markers
- New arrivals procedures
- Use of PPE
- Revised room layouts
- Removal of furniture and other items

## Enhanced hygiene measures

- Use of hand sanitisers
- Not entering guest rooms to clean during a stay unless requested
- Increased hand washing routines
- Use of viricidal mist, deep clean treatments for all accommodation between stays
- Additional staff training

## Reducing contact

- Staggered use times in our shops and dining rooms
- Maximum guest numbers set in communal spaces/ rooms
- Encouraging guests to bring their own drinks bottles to use for refreshments

If a child develops symptoms, we will ask for your permission to administer a LF test



# Accommodation

- Accommodation will be either in blocks within the grounds or in the rooms in the main house.
- Bedrooms are bunk-bedded and most sleep four to six children. A small number of rooms sleep eight to ten children.
- All rooms in the grounds are en-suite and those in the main house all have bathrooms nearby.
- Bedrooms clean, bright and well-maintained.





# Accommodation

- There is adequate space for the storage of luggage and clothes under beds or in cupboards, drawers and shelves.
- Plenty of hooks for hanging towels / damp clothes
- Staff quarters are situated next to children's accommodation in the same corridor.





# Adults

- Miss Donatantonio
- Miss Pringle
- Mrs McDonald



# Journey Details

- Arrive at school for 11am for 11:30am departure.
- Please ensure that they have had a good brunch!
- Children will need to bring a packed lunch to be eaten on arrival (no bottles, fizzy drinks or nuts)
- Children to go to the Main Hall.
- Luggage to be left at the front of the school building.
- Travel sickness – please administer travel sickness medication to your child(ren) before coming to school.



# Arrangements

- Please ensure that their clothes, suitcase and any other belongings are clearly named. They also need to be able to carry their suitcase/bag from the coach to where they are staying.
- The children are not allowed to bring mobile phones, tablets or electronic games. They are able to bring a disposable camera if they wish.
- The children can bring books, magazines and cards to keep themselves amused but these are their own responsibility.
- No sweets or snacks to be taken.
- A small bottle of water is advised (water fountains are on-site)





# Arrangements:

- All medication needs to be handed to Miss Donatantonio  
**by Friday 14<sup>th</sup> May**

**ALL** medication needs to be clearly named and correspond with those listed on your child's medical form.





# Arrangements:

- The children are allowed to take **up to £10** spending money. We ask that this is in the form of £1 and £2 and in a named envelope.
- The spending money needs to be sent into school by **Friday 7<sup>th</sup> May**. Staff will distribute a maximum of £2 per day. Your child will be responsible for any change they have left over.





# Arrangements

- Home Liaison – In case of an emergency, please contact Mrs Heymoz (07718 476719)
- Children will not be allowed to telephone home.
- Mrs Lennox will let all parents and carers know that the children have arrived safely by text on the first day.
- There will be daily updates via the Year 6 Blog on the website.
- On the return journey home, you will be kept updated via Schoolcomms. There is no need to call the school office.





# Contact

- We strongly suggest that you write to your child during the week; they love it!

**Destination:**

**Pope Paul School Party**

**PGL Bawdsey Manor**

**Bawdsey**

**Woodbridge**

**IP12 3BH**

<https://www.pgl.co.uk/en-gb/school-trips/primary-schools/centres/bawdsey-manor>

# Sample Day



Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	Discos, campfires, quizzes and more - our evening entertainment programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!



# Example activities

- Abseiling
- Archery
- Beach/Coastal Walk
- Buggy Building
- Climbing
- Fencing
- Jacob's Ladder
- Problem Solving
- Raft Building
- Rifle Shooting
- Zipwire





# Example evening activities

- Campfire
- Ambush
- Sports Night
- Cluedo
- Robot Wars
- Wacky Races
- Beach Walk





# Food

- Meals are freshly cooked, balanced and will give your pupils plenty of energy to keep them going throughout the day.
- Hot and cold meals with vegetarian options
- Homemade soup every day
- Self-service salad bar
- Fresh fruit with every meal
- Allergies, intolerances and special diets catered for (and will be made known prior to travel)
- At each mealtime, allergy information will be clearly displayed for each dish



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Scrambled Eggs Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Bacon (V) Vegetable Sausages Hash Browns Plum Tomato Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Baked Beans Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Bacon (V) Vegetable Sausages Scrambled Eggs Grilled Tomato Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Hash Browns Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Scrambled Eggs Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Bacon (V) Quorn Sausages Hash Browns Spaghetti in Tomato Sauce Seasonal Fresh Fruit Hot & Cold Drinks
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads Salad Bar  Pizza Meat or Vegetarian Potato Wedges  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Homemade Pie or Pasties Choice of Meat or Vegetarian Gravy Mashed Potato  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Hot or Cold Baguette Choice of Meat or Vegetarian Fillings Tortilla Chips  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Pasta Bar Choice of Meat or Vegetarian Garlic Bread  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Burger Choice of Meat or Vegetarian Fries Relishes  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Jacket Potatoes or Rice Choice of Meat or Vegetarian Filling Homemade Bread  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Fajitas Choice of Meat or Vegetarian Fillings Red Cabbage Slaw Tortilla Chips  Seasonal Fresh Fruit Hot & Cold Drinks
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Homemade Soup of the Day Salad Bar  Beef Lasagne Cumberland Sausages (V) Beetroot & Red Onion Tart New Potatoes Peas & Carrots Onion Gravy  Seasonal Fresh Fruit Chocolate Crispy Cake Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Gammon Chicken Goujons (V) Four Cheese Ravioli Potato Wedges Green Beans & Sweetcorn  Seasonal Fresh Fruit Toffee Apple Crumble & Custard Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Mexican Beef Chilli Fish Fingers (V) Sticky Hoisin Noodles Rice or Chips Mixed Vegetables Baked Beans  Seasonal Fresh Fruit Lemon Drizzle Cake Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Chicken Chunks with Sweet and Sour Sauce (V) Vegetable Korma Root Vegetable Bake Rice Broccoli  Seasonal Fresh Fruit Rice Pudding and Jam Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Meatballs in Tomato Sauce Chicken & Leek Pie (V) Cheese & Potato Plait Pasta or Potatoes Green Beans & Carrots  Seasonal Fresh Fruit Doughnut Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Chicken Nuggets Fish in Tomato & Mascarpone Sauce (V) Vegetable Pilaf Chips Mixed Vegetables  Seasonal Fresh Fruit Chocolate Chip Sponge & Chocolate Custard Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Roast Dinner Yorkshire Pudding (V) Macaroni Cheese Roast Potatoes Seasonal Vegetables Gravy  Seasonal Fresh Fruit Belgian Waffles with Topping Hot & Cold Drinks



# What to bring

## CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- ☐ **Tops & jackets**
  - ☐ T-shirts
  - ☐ Long sleeved shirt/T-shirts
  - ☐ Waterproof jacket
  - ☐ Fleeces/jumpers
- ☐ **Trousers or leggings**  
but not jeans as they get heavy and cold when wet
- ☐ **Underwear & socks**  
*Your socks will need to cover your ankles to do some activities.*
- ☐ 1 or 2 sets of **clothes for the evening**
- ☐ Suitable **nightwear**



*Your arms will need to be covered to do some activities.*



*Your socks will need to cover your ankles to do some activities.*



## FOOTWEAR

- ☐ **2 pairs** of trainers
  - 1 for activities
  - 1 old pair for watersports
- ☐ **1 pair of dry shoes** for evening activities



## PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Jewellery/valuables
- ✗ Aerosols



## OTHER ITEMS

- ☐ **2 towels**
  - 1 for showering
  - 1 old one for activities

- ☐ Reusable **drinks bottle**

- ☐ Small **rucksack/bag**

- ☐ Labelled **bin bag** for wet and dirty clothing

- ☐ **Washbag** including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)



## ...SUMMER?

- ☐ Shorts
- ☐ Baseball cap/sun hat
- ☐ Sunscreen

# What to bring

- Medicine – must be prescribed. Calpol sachets or hay fever medication can be sent in a new labelled box.
- Teddy!



# Forms

- Information Sheet
- Packing List
- The 3 forms to return to school are coloured single sheets:
  - Parent Consent Form
  - Medical Permission Slip
  - Copy of Trip Rules to be signed by parents and pupil
- We advise you to keep a copy and give one to your emergency contact.

# Arrival Home

- Expected arrival time between 4 and 4:30pm
- Please be there promptly - your child will want to see you!
- Children will return very tired!



Questions?