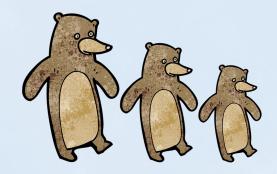
A little girl learns to respect other people's belongings and follow instructions.

> Download a QR code reader from your usual app store and scan this code to hear this story read aloud:





Goldilocks and the Three Bears



A traditional tale

Goldilocks opened her eyes and screamed with terror at the sight of the three angry bears!

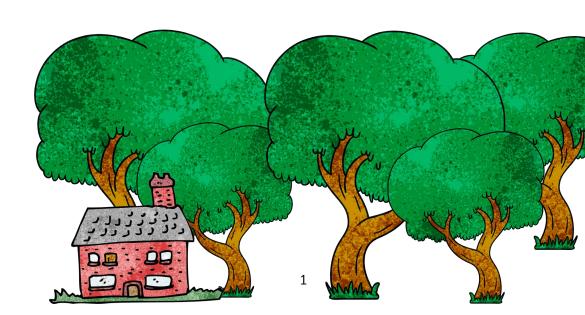
She jumped out of bed, ran down the stairs and all the way home.

Goldilocks never sneaked into someone else's house ever again.

Goldilocks and the Three Bears

Once upon a time, there was a deep, green forest, and in the middle of that forest was a cottage.
Inside this cottage lived a family of three bears:
Father Bear, Mother Bear and Baby Bear.

One morning, Mother Bear made porridge and served it up in three bowls but it was just far too hot to eat! The three bears went out for a walk to give it time to cool down.





While they were away, a girl came past the cottage. Her hair was long and golden and her name was Goldilocks. She was hungry and the sweet smell of porridge filled the air.

"Something smells good!" she thought. She looked through the window and saw the porridge on the table. "Perhaps I can help myself to some," she thought.

And so, she opened the cottage door and sneaked in.

"Hello," she called quietly, "Anyone in?"

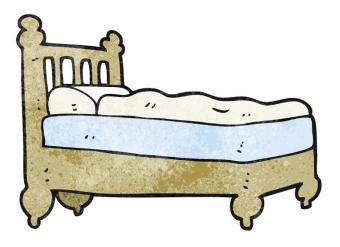


They went into the bedroom. Father Bear noticed that his bed was all rumpled and crumpled.

"Someone's been sleeping in my bed," he roared.

Mother Bear noticed the same. "And someone's been sleeping in my bed too," she said.

Then Baby Bear gave a loud wail. "There's someone in my bed, and they're sleeping right now!"



Soon after this the three bears returned. Father Bear looked at his bowl. "Someone's been eating my porridge," he growled.

Mother Bear looked down at her bowl. "And someone's been eating my porridge too!" she said.

And then Baby Bear cried, "And someone's been eating my porridge and it's all gone!"

Father Bear turned to his chair. "Someone's been sitting in my chair," he growled ever louder, getting angry.

"And someone's been sitting in mine too," said Mother Bear.

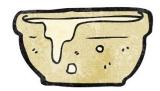
"And someone's broken my chair!" Baby Bear sobbed.

But there was no reply; no one was home. There were three bowls of porridge sitting on the table.

First, she tried the porridge in the big bowl: "Ouch! Too hot."

Next, she tried the medium sized bowl, "Brrr! Too cold."

And then she tried the third bowl, the smallest, and it was just right. She ate up every last bit of the delicious porridge!







"Now I need a rest," she thought.

She tried to sit in the first chair but it was just too hard.

So she sat in the medium sized chair, but it was too soft and she wasn't comfortable.

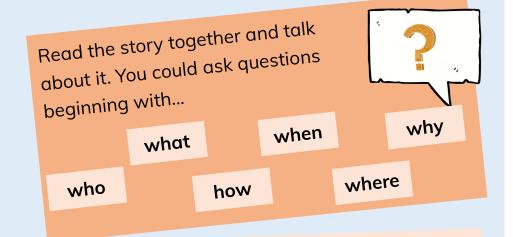
She tried the smallest chair. It was too small for her, and when she sat down, it broke! She fell onto the floor.

Next, Goldilocks went into the bedroom and tried the big bed, but it was just too hard to be comfy.

Then she tried the medium sized bed, but it was far too soft for Goldilocks!

Finally, she tried the small bed. It was just right! She lay down and quickly fell fast asleep.







- Why was Goldilocks scared of the bears?
- When did the bears realise that someone had been in their house?

You could ask questions about how the characters in the story are feeling...

How did Baby Bear feel when he saw Goldilocks asleep in his bed?

Why do you think they felt like that?

Where do you find polar bears?

Tell me a joke!

It depends on where you lost them!



Why might Goldilocks take a pencil to bed with her?

Why do bears have fur coats?

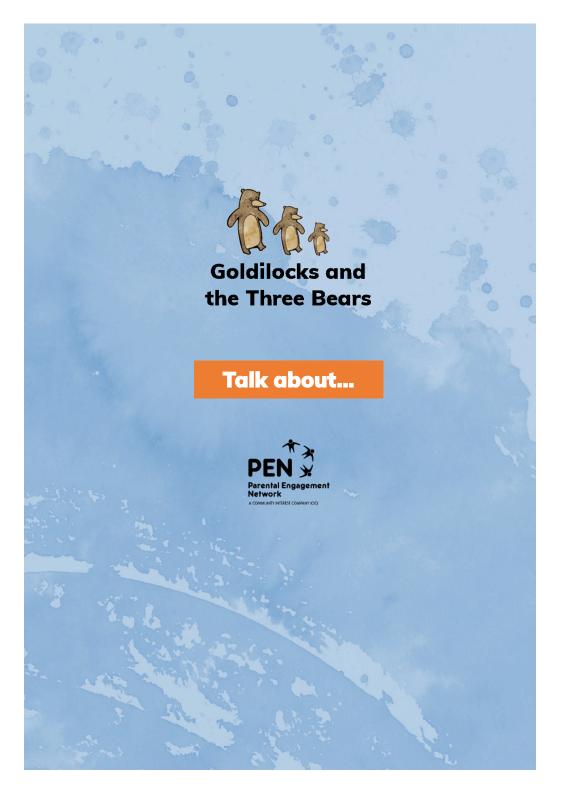
They would look silly with a rain coat on!

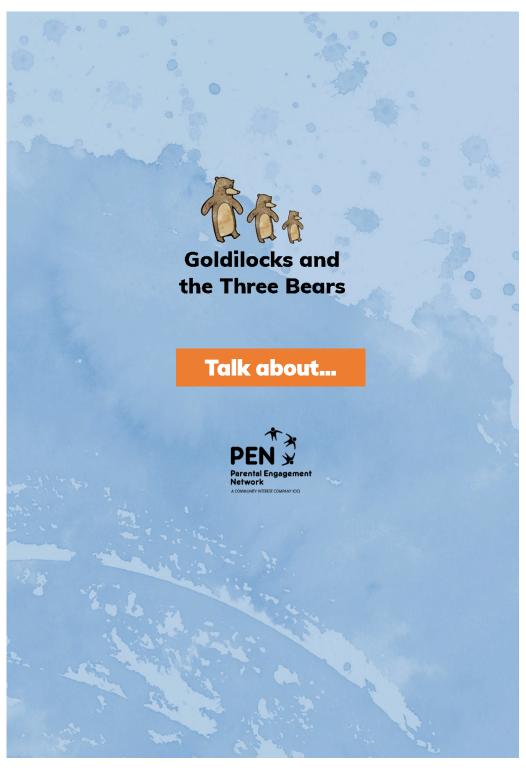
To draw the curtains!



Do you know any more jokes?

Can you make up your own?



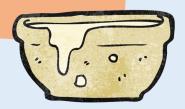




Goldilocks likes things just right—not too big and not too small. Not too hot and not too cold.

Talk about your favourite things and how you like them.

Try and make your favourite things in different ways—can you make them bigger or smaller? Try your favourite foods and things in different ways and see if you discover new favourites!



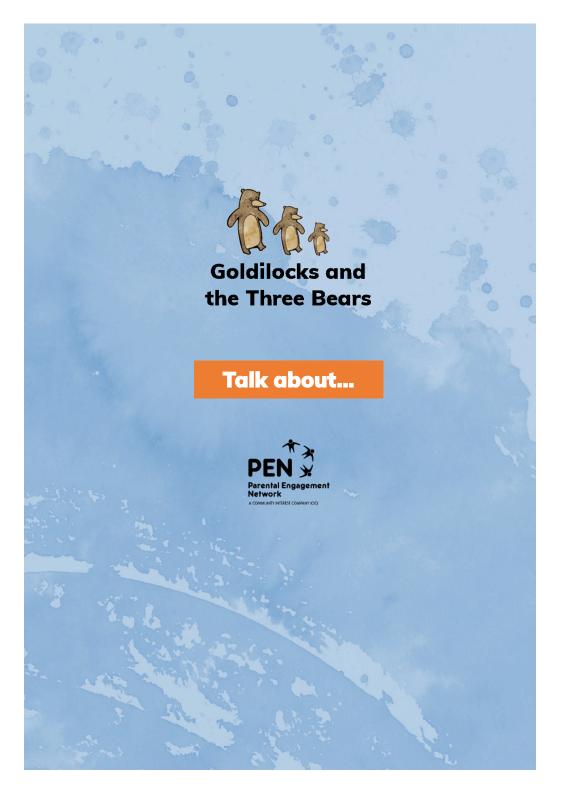
Did you know?

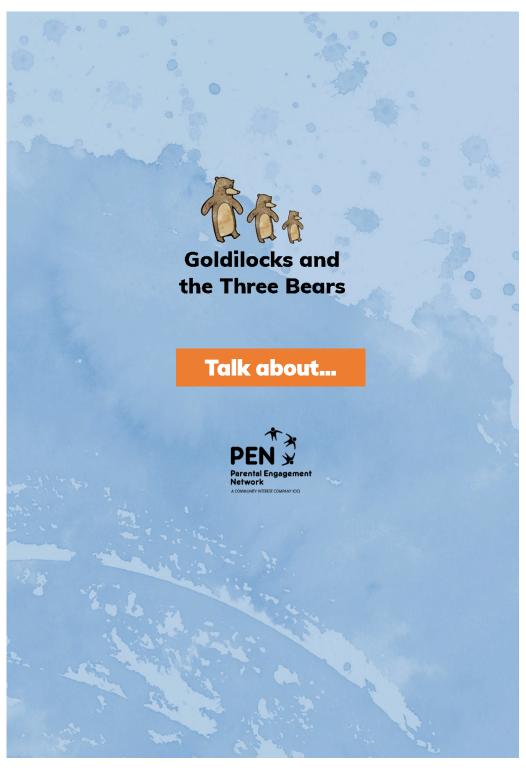
Bears have a large brain and are one of the more intelligent mammals.

Bears have some of the best senses of smell out of all mammals. They have a much better sense of smell than humans! Every year in Cambridge,
England, there is a
competition for who can
make the best porridge. It is
an international competition
and people come from all
over the world!

Even though they are big and heavy, they can run fast and are also good at swimming and climbing.

Bears are mammals.
Not all mammals can see colour but bears can!



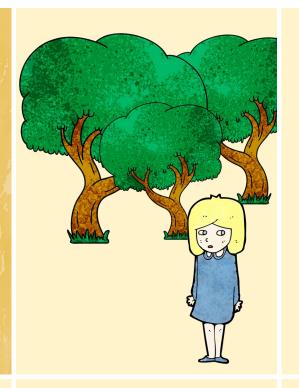


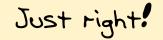
Story sequence cards

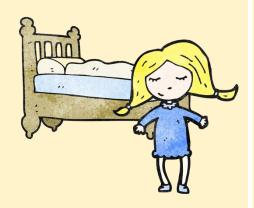
Cut out these cards and use them to help you tell the story. You may need to use some of the cards more than once!

Can you shuffle them and then put them in the right order?

Can you change the order to make a silly story?







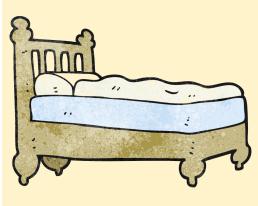
Too hot!

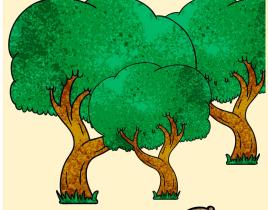




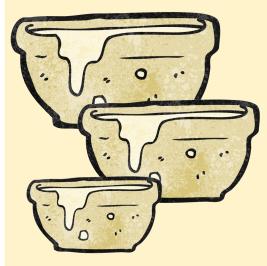


Too hard!

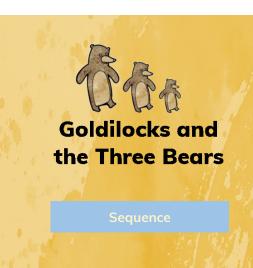


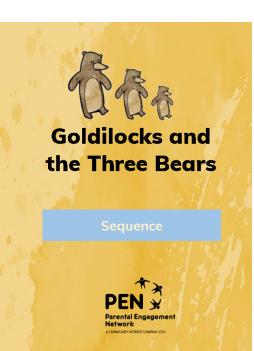


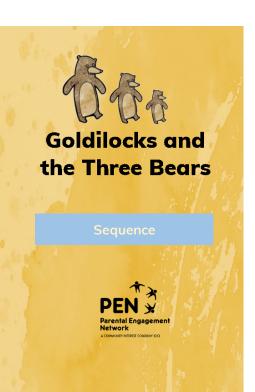


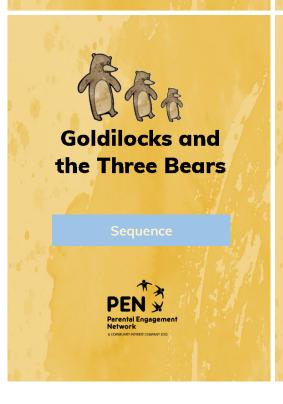


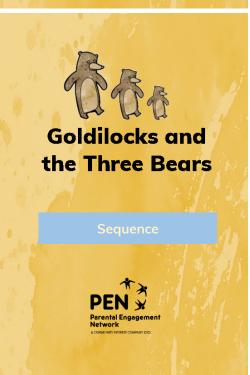


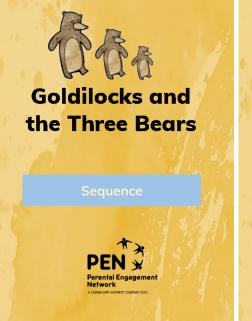


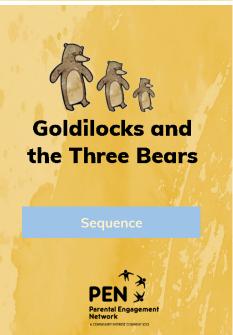


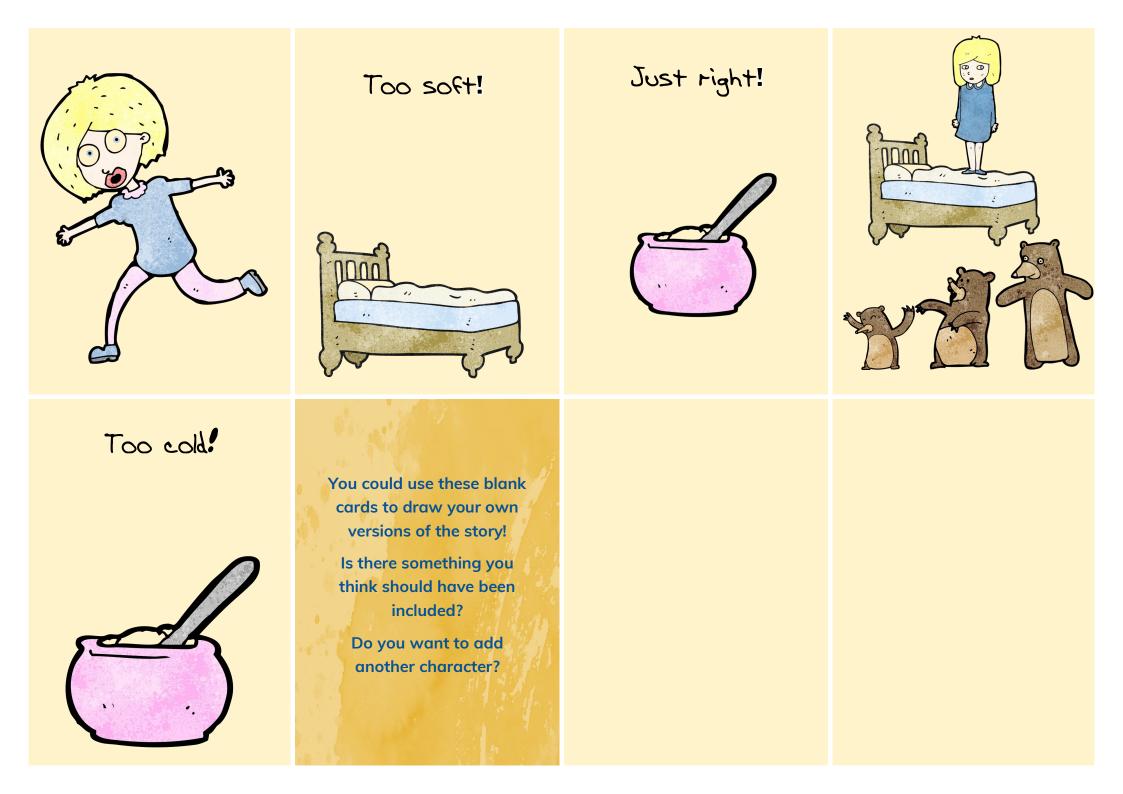


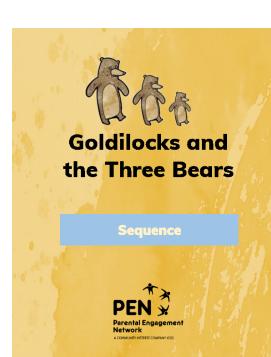


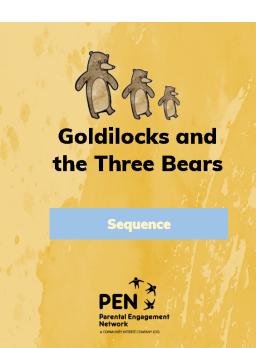


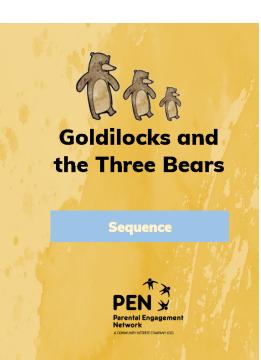


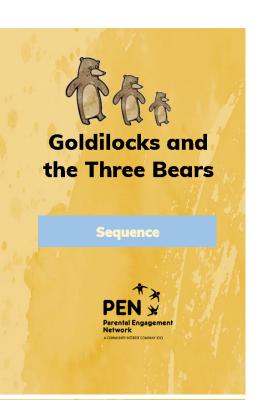


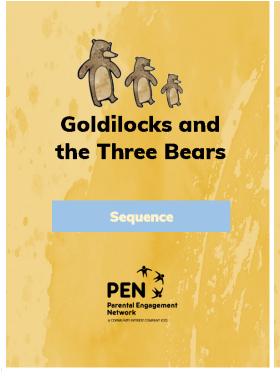


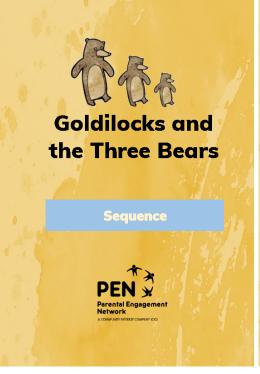


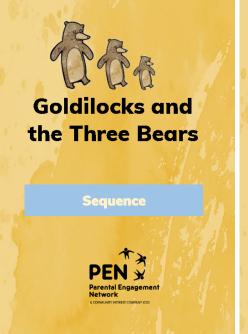


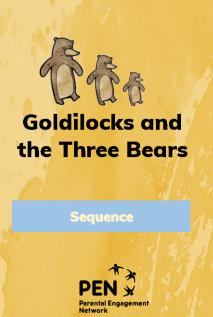














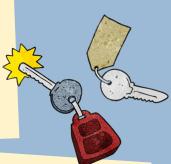
You can play this game with as many people as you like.
It's like listening for the Three
Bears coming home from their walk in the woods.

The Listener

Find an quiet, open space. This could be where you live, or a space in your local park. One person is **The Listener**. They sit in a spot with their eyes closed.

The other player(s) must move a set of keys around and say stop once they have placed it somewhere.

Can the listener guess where the keys are without opening their eyes?



Take it in turns to be the listeners. You can make it easier or harder but be careful with your keys. You can use anything that makes a noise while it is being

Bear, Bear, Goldilocks!

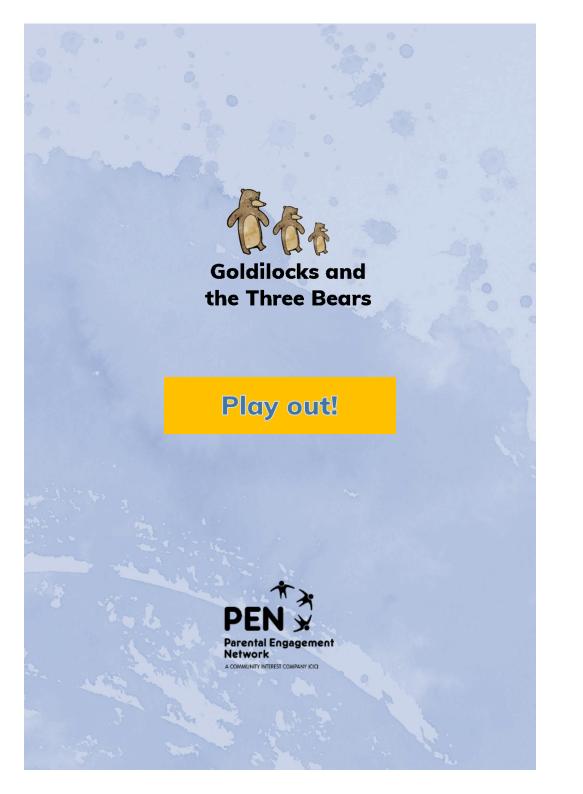
(Duck, Duck, Goose)

Players sit in a circle in a big open space—your local park is perfect!

One person is on and they run around the circle of players in the circle. As they pass each person they say either Bear or Goldilocks. If they say "Bear" they carry on to the next person. If they say "Goldilocks" they have to run around the circle and return to their space without the person who is on catching them.

If they get caught, they remain on.
If not, the person who tried to catch
them is on for the next turn.

This is a good way to let off some energy, particularly if you can play it in your local park.





Play out!



Opposite Hunt

See who can find the most opposite pairs.

The bears all liked their porridge differently. Father Bear liked his HOT and Mother Bear liked hers COLD.



See if you can find different items and pair up the ones that are opposites.





- Hard and Soft
- Hot and Cold
- Big and Small
- Heavy and Light
- Rough and Smooth





Size Order

Find different items and sort them from biggest to smallest like the bears' porridge.

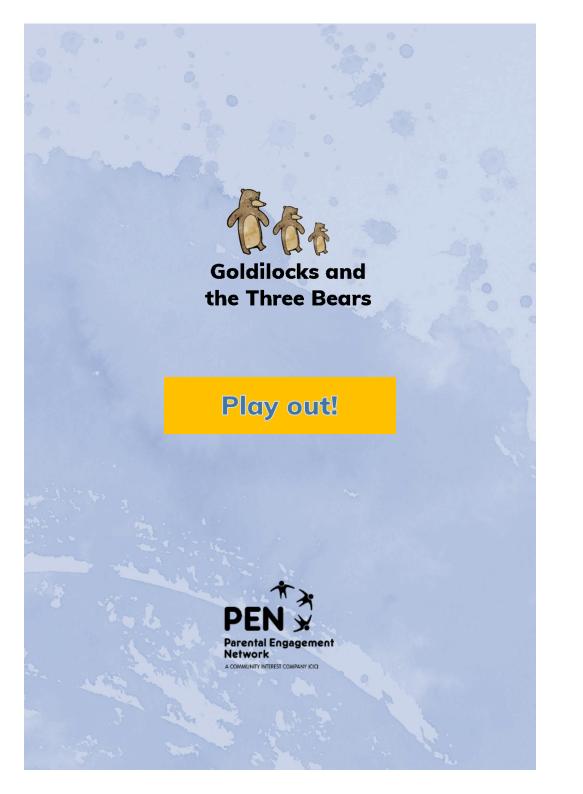




You can try this when you're out and about, and collect sticks and stones from the park.

Or you can use normal objects in your house like boxes or spoons.

You can ask different family members to collect things for you to order too. Once you have enough practice you can even see who can order them the quickest.





Play out!



Sock Puppets

You will need a clean, old sock.

- Find yourself an old sock that you don't mind using as a puppet.
- Place the sock over the hand with your fingers where the toes go. When you move your hand it will look like the puppet is talking.

Perform the story of Goldilocks and the three bears for your family and friends! They could even be in it with you.



You can have different colour socks for different characters.

If you have any stickers or pens, you could decorate your puppets to look like

> Goldilocks and the three bears.

Now you can act out stories using your sock puppets!





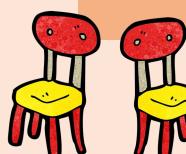
The Three Bears lived in a little cottage in a forest.

Make a den and pretend that it is your cottage in the woods!



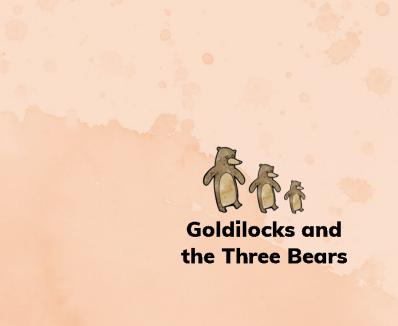


Gather some sheets, blankets and cushions and drape them over chairs, sofas or tables to make a den!









Make it!





Make it!

