

MOMENT OF CALM



QUOTE OF THE DAY

"We've all got both light and dark inside us. What matters is the part we choose to act on. That's who we really are."

— Harry Potter and the Order of the Phoenix

DOODLE OF THE DAY

Draw what you did in
'Activity of the Day'.

BIBLE STORY

"Share with God's people who are in need.
Practice hospitality."

Read: Romans 12:9-21
(Love)

BIBLE REFLECTION

Encouraging others is something we can all do with just a bit of effort. When others serve us quietly in the background, we can choose to see them as a reminder of Jesus, who came to serve and not to be served.

You may never know what someone is going through and how a word of encouragement can brighten their day. When you encourage others, you can't necessarily change their situation, but you might just help change their situation.

"'Love the Lord your God with all your heart and with all your soul and with all your mind, and with all your strength'. The second is this: 'Love your neighbour as yourself. No other commandment is greater than these'."

(Mark 12:30-31)

UPLIFTING SONG OF THE DAY

"Buckbeak's Flight"

John Williams – Harry Potter & the
Prisoner of Azkaban

<https://www.youtube.com/watch?v=9AvIEr2dxVo>

ACTIVITY OF THE DAY

Look at yesterday's work, where you wrote down what you can do virtually for someone.

Today, put this piece of writing into action.

Send me by email two sentences:

1. What you did
2. How it made you feel