

English

Use the [worksheet](#) attached to the [class blog](#) to help you.

Day 2: Design a 2-day Menu

Activity:

WALT: design a two-day menu for your camp

Think about where you will be camping and what meals for each day you will eat.

We would like you all to send in your camping menu so that we can read what healthy foods you have chosen (for most of the trip) and those which aren't so healthy!

If you think a food is not healthy, explain why!

TASK

1. Write your menu as a list or in a table like the one below. Explain why you have chosen this menu.

	Day 1	Day 2
Breakfast		
Lunch		
Dinner		
Snack		

2. Explain why you have chosen this menu.

Vocabulary: carbohydrates, fruit, vegetables, beans, pulses, fish, meat and proteins.

Remember:

Download the pdf that tells you information about healthy foods. These will give you an idea of what you should eat over your two days.

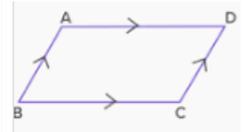


Maths:
Fluency

Draw lines to connect the shapes to the labels. Then put a tick in the shapes which are quadrilaterals and circle the parallelograms. The first one has been done for you.

Solutions for Fluency

A **parallelogram** is a quadrilateral with opposite sides parallel



A **quadrilateral** is a four-sided polygon, like a square, rectangle, or rhombus.

Activity:

A bit of fun! Log onto this link: <https://nrich.maths.org/14173> and solve the tangram 'Dragon' puzzle! Good luck! This is a great website and has lots of wonderful Maths problems to solve.

<p>Geography Focus: Rivers</p>	<p><u>Geography Rivers</u> <u>WALT: revise vocabulary about rivers</u></p> <p>Copy and complete these sentences choosing the correct answer from the endings below.</p> <ol style="list-style-type: none">1. Erosion is when2. Transportation is when3. Deposition is when <p>...the force of flowing water in a river. It <u>wears away</u> rocks and soil, in and around the river. EROSION</p> <p>... water carries materials such as silt, pebbles, rocks and even plants and <u>deposits</u> them in another place in the river, changing the river and the land around it. DEPOSITION</p> <p>...the movement water <u>carries</u> silt, pebbles, rocks and other things downstream to another place. TRANSPORTATION</p> <p>Listen to 'The River Song' written by a school child to help teach others the words related to the topic of Rivers. https://www.youtube.com/watch?v=TgYb5IYTYZw</p> <p>Activity: Can you think of a song to teach others in Year 4 about Rivers? Email us your lyrics and if possible, your song!</p>	