

	Year 4 Class Learning <u>Tuesday 31st March</u>	31/03/20 XXXI/III/MMXX
9am	PE Morning Workout with the body coach, Joe Wicks If you can log onto this for 30 minutes first thing, that would be great!	
Morning Prayer	<div style="text-align: center;">  <p><i>Tuesday 31 March</i></p> </div> <div style="background-color: #1a2b4d; color: white; padding: 10px;"> <p>Pray </p> <p>Reflect on one of the Stations of the Cross today.</p>   </div> <p>Last week, we looked at the first station. Today we examine the second station.</p> <div style="background-color: #cccccc; text-align: center; padding: 5px; margin: 10px 0;"> Stations of the Cross for Children </div> <p style="text-align: center;"><i>Station 2. Jesus receives the cross.</i></p> <div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>The cross is heavy and it hurts so much when it is slung across your back. Your back is raw from the beating. You begin to carry your cross, Jesus.</p> </div> </div> <p style="text-align: center;"><i>We adore you O Christ and we praise you, For by your Holy Cross you have redeemed the world.</i></p>	<p>If you are able, sit quietly with some gentle music playing and pray using this link from Cafod.</p>
Spellings and handwriting	<p>Write a sentence for each of these words neatly in your lined exercise book. Remember to write the date in FULL (no digits!).</p> <p>vein, weigh, eight, neighbour, they, obey, beige, veil, sleigh, reign</p> <p>As you did yesterday, click onto the link below to practise spelling them using one of the online activities to aid you.</p> <p>https://spellingframe.co.uk/spelling-rule/22/19-Words-with-the-sound-spelt-ei-igh-or-ey</p>	<p>Is there one activity that you have found particularly enjoyable to do?</p> <p>Tell us so we can tell the rest of the class!</p>

<p>Reading</p> <p>Have you started reading a new book? Tell us about it!</p> <p>Read Theory</p>	<p>Sit quietly and read your reading book. Once you have read for 10-15 minutes, write into your log the name of your book and what page you are up to. <i>Were there any tricky words that you came across? Remember to look up this/these word(s) so you can find out their meaning.</i></p> <p><i>Log onto your Read theory account and have a go at the comprehension activities. We are checking everyone's accounts daily.</i></p>																
<p>English</p> <p><u>Use the worksheet attached to the class blog to help you.</u></p>	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin-bottom: 10px;"> <p>Day 2: Design a 2-day Menu</p> </div> <p>Activity: <u>WALT: design a two-day menu for your camping trip</u></p> <p>Think about where you are going on your camping trip and plan your meals for each day. What sort of food would you eat in the place you have chosen? Remember the weather and surroundings! What would you be able to make to eat? How will you carry it? Can you cook it? Is it healthy food? If not, explain why!</p> <p>TASK</p> <p>1. Write your menu as a list or in a table like the one below. Explain why you have chosen this menu.</p> <table border="1" data-bbox="300 1211 1225 1413"> <thead> <tr> <th></th> <th>Day 1</th> <th>Day 2</th> </tr> </thead> <tbody> <tr> <td>Breakfast</td> <td></td> <td></td> </tr> <tr> <td>Lunch</td> <td></td> <td></td> </tr> <tr> <td>Dinner</td> <td></td> <td></td> </tr> <tr> <td>Snack</td> <td></td> <td></td> </tr> </tbody> </table> <p>2. Explain why you have chosen this menu.</p> <p>Vocabulary: carbohydrates, fruit, vegetables, beans, pulses, fish, meat and proteins.</p>		Day 1	Day 2	Breakfast			Lunch			Dinner			Snack			<p>Remember:</p> <p>Download the pdf that tells you information about healthy foods. These will give you an idea of what you should eat over your two days.</p>
	Day 1	Day 2															
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Maths:
Fluency

Draw lines to connect the shapes to the labels. Then put a tick in the shapes which are quadrilaterals and circle the parallelograms. The first one has been done for you.

rhombus

square

rectangle

pentagon

hexagon

trapezium

octagon

Some labels might have more than one connecting line.

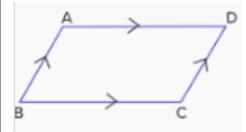
4 sides

5 sides

6 sides

8 sides

A **parallelogram** is a quadrilateral with opposite sides parallel



A **quadrilateral** is a four-sided polygon, like a square, rectangle, or rhombus.

Activity:

A bit of fun! Log onto this link: <https://nrich.maths.org/14173> and solve the tangram 'Dragon' puzzle! Good luck! This is a great website and has lots of wonderful Maths problems to solve.

Tangrams

Dragon

Selection Rotate Move Rotate

You can move the tangram pieces by dragging them, or using the green buttons above.

WORLD OF TAN

Show a solution

The story behind the puzzle challenge!

	<p>All is quiet in the removal yard at Granma T's, and the storage bays are safely locked up. However, inside the house there is frantic activity. The children are making new paper pictures of the Kitchen God to stick behind the cooker. Granma T is cutting out pictures of the Guardian of the Gates to stick on the doors.</p> <p>The reason for all the excitement is that the New Year approaches. The workers and Mah Ling have returned home to celebrate this important occasion with their own families. No business will take place for the rest of the week and the yard will remain closed.</p> <p>The Year of the Dragon (a special year for Little Ming) approaches, while the Year of the Rabbit is closing. The Dragon likes to be left alone, objects to change and is fond of the night. At midnight the children will bow before Granma T and the New Year will be let in with fireworks and the burning of incense.</p> <p>These special celebrations will continue until the Festival of Lanterns in a few days' time, when more fireworks will be set off and lanterns of all shapes and sizes will decorate the buildings.</p> <p>In the meantime, complete the silhouette of the dragon.</p>	
<p>Geography Focus: Rivers</p>	<p><u>Geography Rivers</u> <u>WALT: revise vocabulary about rivers</u></p> <p>Copy and complete these sentences choosing the correct answer from the endings below.</p> <ol style="list-style-type: none"> 1. Erosion is when 2. Transportation is when 3. Deposition is when <p>...the force of flowing water in a river <u>wears away</u> rocks and soil, in and around the river.</p> <p>... water carries materials such as silt, pebbles, rocks and even plants and <u>deposits</u> them in another place in the river, changing the river and the land around it.</p> <p>...the movement water <u>carries</u> silt, pebbles, rocks and other things downstream to another place.</p> <p>Listen to 'The River Song' written by a school child to help teach others the words related to the topic of Rivers. https://www.youtube.com/watch?v=TgYb5IYTYZw</p> <p>Activity: Can you think of a song to teach others in Year 4 about Rivers? Email us your lyrics and if possible, your song!</p>	
<p>A message from Fran – OLSV Parish</p>	<p>Message from Francesca Khaliq, Our Lady & St Vincent's Parish</p> <p>Dear Parents</p>	

You may have noticed some lovely displays around of posters of rainbows in windows in the local area. This gave me an idea that we could also display something in the window, as a sign of unity of Our Lady & St Vincent's parish community.

So please see attached an A4 poster, that you can print out and then the children can colour it in and then display in the window at home. Please pass it on to anyone else you know who are parishioners, it would be a wonderful sign of unity to have as many of these posters displayed in Potters Bar and surrounding areas. The children could even write their names on it, or a small prayer (on the bottom left or right-hand corners), anything they want to.

I will be out on my daily exercise walk tomorrow morning and it would be wonderful to see some of these posters up, so get printing and colouring in!

Please keep safe and well.

God bless,

Fran